



Natural Creativity Journey

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Step 12: Logic Tries to Organize and Explain, While Creativity Seeks to Move and Remain Mysterious

To connect more deeply with creative consciousness, one must recognize that the creative movement, the creative flow, and the creative state of mind are destined, from time to time, to collide with what we tend to call or relate to as “logic.” This collision is inevitable, and it reflects moments when different parts of the natural mental forces within a person are not working in full cooperation. This often results from ingrained habits and from a lack of training in synchronizing the more linear, structured, and organized aspect of the mind with the more spontaneous, surprising, renewing, and ever-evolving aspect.

Creativity, to a great extent, is a movement that does not obey conventional logic. At times, to activate one’s creative engines and natural capacity for creation, one must consciously act in ways that are clearly “not logical.” Creativity is a movement of creation, change, development, and action, much of which has an unclear destination. It arises from the desire to move and to bring forth something new, to express what has not yet been expressed, to take what already exists and move it to a place where it has not yet been.

Within the movement of creation, we have no clear knowledge of the direction we are heading. Yet, when we are well connected to our creative consciousness, without interference, this lack of knowing does not trouble us at all. In those moments, we experience a quiet, even delightful certainty in simply not knowing where we are going.

The movement of creative energy within a person does not operate according to the familiar rules of ordinary logic. Logic tends to organize, define, and explain. It seeks to take each phenomenon and give it an interpretation, a title, a category, a cause, and a purpose. Creativity, on the other hand, seeks to move toward the unexplained, the unfamiliar, and even the not-yet-existent spaces, and there to give birth to new realities. As long as creative movement remains confined within logical definitions, it is not yet truly free. It has not yet entered its mysterious zone, where a different kind of logic operates, one whose purpose is healing, renewal, disassembly and reassembly, leading toward a state more luminous and evolved than the one from which we began.

Deepening one's connection to creative consciousness, a "place" that has always existed within human life, though one's awareness and engagement with it change according to one's level of consciousness, begins with acknowledging this inner tension. It is a natural polarity between two essential forces in the human psyche: logic and creativity. Often, due to early conditioning and social influence, the logical side receives preference, as it represents the familiar way in which most people perceive reality and control their surroundings.

It is impossible to expand the presence of creative consciousness without acknowledging that there exists a certain inner resistance to change. Without awareness of this inner conflict, without identifying the barriers, resistances, fears, self-criticism, and excessive doubt concerning the existence and accessibility of one's natural creativity, we cannot reach the point where creative consciousness becomes an active, healing, and influential presence in our lives.

Precisely at the moment when logic demands of us to explain, to plan, and to justify every action, natural creativity calls for movement without explanation, without plan, and without justification. For creativity, we create simply to create. We create because it is our nature, our passion, our natural way of healing ourselves, even from our own overdependence on logic.

It is in this very place that a conflict often arises, one we are not always aware of, as it is usually decided quickly in favor of logic. We tend to cancel creative possibilities out of habit, choosing to obey the voice of logic, which does not easily allow spontaneous and impulsive expression to emerge freely.

A deep connection with creative consciousness is therefore closely linked with growing awareness of what prevents such a connection, and with continuous practice of dismantling the inner walls we have unknowingly built. As we learn to remove these barriers, we begin to discover that within our own lives there exists a potential for harmonious and nurturing cooperation between logic and creativity, two forces that are very different, yet, when working together, can powerfully enhance and balance one another.

Creative consciousness does not seek to eliminate logic or to ignore its value. On the contrary, it seeks to collaborate with it, to use it, and to build together with it an ever-expanding reality. However, logic as it has developed within human culture contains within it many fears, turning it at times from a brilliant mental tool into a mechanism of protection against change, growth, and revelation.

Therefore, one of the central functions of creative consciousness is to help reduce those deep fears that logic represents and to offer the person renewed confidence through free creative experiences. The more a person practices free and spontaneous creative expression and discovers its emotional and healing value, the greater their capacity becomes to integrate logic into the creative process, even when the actions taken may appear, at first glance, "illogical."

It is essential to emphasize that the goal is not to win the inner struggle but to create cooperation. Creative consciousness, by its nature, is a consciousness of integration and partnership. It is not the enemy of logic but its companion. Within the creative

flow, order and planning can coexist with mystery, uncertainty, and surprise. This balance is the true aim of the path.

For such a fusion to take place, we must learn to recognize and release creative blockages so that when the flow begins to move freely, logic too can join it as a supportive ally. When this harmony emerges, both forces can operate together, empowering the individual to be both logical and creative at once. This is what I like to call an *inner marriage* between the complementary aspects of the human being.

Questions for Self-Reflection (*it is recommended to answer them in writing*)

1. What is the most “logical” thing you have initiated or done recently?
2. What is the most “illogical” thing you have initiated or done recently?
3. Are you familiar with the experience of shifting from ordinary logic to a different kind of logic that appears during spontaneous movement, creation, or change? Please describe and elaborate.
4. Do you believe that your “regular” logic can work in harmony with your creative consciousness, which moves within realms that logic itself cannot fully explain or comprehend? How could you help it feel safe enough to do so?
5. How would you now explain, through your ordinary logic, the infinite dimensions of creative consciousness?