



Natural Creativity Journey

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Step 13: Creativity Emerges from Non-Logical Depths That Possess Their Own Inner Logic

In a very creative way, as befits a book devoted to creative consciousness, I invite you now to move with me into a place that at first may be perceived as “not logical.” This stems from the patterns it expresses, which differ from the logic we are familiar with, yet as the journey continues, this very place may reveal itself as one possessing a kind of inner logic, one that is different from the frameworks through which we habitually think, calculate, interpret and explain what we experience and know.

Creativity emerges from non-logical depths that possess their own inner logic. Even if, at first glance, the creative movement appears chaotic, directionless or lacking clear purpose, structure or method, it nevertheless contains within it a deep internal order that cannot be grasped through the tools of ordinary logic, regardless of how hard we try to analyze or map this territory.

This requires openness, one of the central qualities of creative consciousness. It is an openness whose inner message is that many things exist that I cannot understand or explain, and perhaps will never be able to understand or explain, and yet they still follow a mysterious order of their own, a language that organizes the movement of their expression. We need a creative mindset in order to release our grip on the logic we know so well and allow ourselves to consider that this is not the only logic governing existence, and that it may actually represent only a very small part of the far more fascinating story that we can approach through free creative movement.

As long as we view human creativity through the lenses of conventional logic, as long as we attempt to classify and categorize it in the ways that the rational mind excels at, we distance ourselves from the ability to recognize that within the natural creative movement, which wishes to flow through the human being as fully as possible, there exists an inner logic, an internal order, clear channels of expression, a kind of action plan, goals, purposes and achievements that are meaningful and significant, only that they appear in forms and levels unfamiliar or initially incompatible with the way the rational mind conceptualizes notions such as goals, achievements or structure.

At this point it is worth pausing to consider one aspect of human logic that often becomes an obstacle to natural creative expression whenever it is misunderstood or receives too little attention. Within the rational and linear mode of thought there frequently exists an excessive need to create a sense of control through analyzing,

explaining and interpreting reality. This need is a form of compensation, a never-ending attempt to manage the inherent uncertainty of existence by placing it inside explanatory models, thereby producing an artificial sense of order within the chaos of life. That chaos is, in many ways, a direct consequence of the rational mind's repeated failure to impose order on what cannot be fully ordered using its own tools.

This is why the word "chaos" appears so often, even though it rarely describes the reality itself, but rather the inability of linear logic to grasp the existing through its familiar structures.

Linear, analytical logic is not equipped with the tools necessary to study or comprehend creative movement or the way life's generative forces wish to unfold through the human being. As long as a person operates within a model of thought that requires full conceptual understanding before entering any experiential process, they deny themselves two essential gifts. The first is the freedom to create and shape their life in ways that are wider, richer and more pleasurable. The second is the paradoxical gift of expanding their ability to understand, through their own tools, what these tools cannot understand on their own.

This is how it works. The intuitive, spiritual, emotional and creative layers of human existence are available before the rational mind can join in and interpret what is happening. In a way we have been taught not to notice, the nonverbal experience and the mysterious, unpredictable movement of life is always encountered first, and only afterward do we add rational interpretation that seeks to organize and relate the experience to past precedents stored in memory.

Much of what we call our "ordinary consciousness" is actually the product of hiding the natural, active creative essence that lives within us continuously as an inseparable part of who we truly are. Without noticing, under the influence of early conditioning, we invest enormous unconscious effort trying to impose logic on our life's journey, while the deeper logic, the authentic and expansive one, is repeatedly blocked by us without our awareness.

As the next chapter will explain, creativity is a flowing force that gives birth to itself, defines itself, reveals itself and strengthens itself through movement. It has internal laws connected to flow, freedom, infinity, change and development, and these laws often differ greatly from the laws of logic through which we have been taught to navigate daily life.

In many ways the practical path for strengthening creative consciousness in one's life is rooted in training, repeated exploration and shifts in attitude that allow this natural force, emerging from non-logical depths, to receive its rightful place as a central and inseparable part of the choices and movements we make in our daily existence.

This is the "logic" we wish to adopt here. Not a logic that must be built, but one we must return to, remember and rediscover, for it has always been present. It has always contained its unique mystery, its unique coherence, and its irresistible pull toward the authentic. We have avoided returning to this inner logic because so often it does not obey the rational rules we learned in order to belong to family, society or culture.

Human beings will never let go of their need for mystery, for surprise and for change. Yet many prefer what might be called “second-hand creativity,” meaning creativity produced by others, films, stories, adventures created for them, because their own access to their creative essence has become blocked. They attempt to taste creativity through what others made, without discovering within it their own voice, their own style, or their natural creative potential.

Creative consciousness invites every human being to remember that they are, by nature, a creator and a maker. The effort involved in reconnecting to creativity is almost always tied to the fears culture has built around natural creative freedom, around authentic individual expression. Our work here is to learn, without mental strain, the non-logical logic of creative consciousness. Not to understand it intellectually, but to live it, to express it, to create our world through it and to transform it into a way of life where mystery becomes a source of growth, expression and transformation.

Self-Reflection Questions

(preferably answered in writing)

1. What do you usually do when you encounter significant emotional pain?
2. Have you ever experienced a situation in which you managed to transform that pain into a creative expression that also helped you cope with it better?
3. How do you feel about the possibility that this may actually be one of your central roles in creation, to serve as a channel for expressing and healing emotions?
4. Are you aware of emotional pains within you that have not yet found their full channel of expression?
5. Are you willing to enter such an adventure, one that seeks a creative outlet for these pains?