



Natural Creativity Journey

Dr. Pinkie Feinstein

Step 29: Every intuition needs a courageous publisher

This is the next to last chapter of this process. It is a good moment to pause and recall a concept that has accompanied us quite a bit already, the kingdom of my creativity. This is my private place, the space where I make my creative experiments, the place where I give legitimacy to my creativity, the place where I want to provide the fullest, most complete and most suitable conditions for my creative flow. This is the kingdom of my creativity.

This kingdom is not meant to please others or to satisfy them. It does not exist so that people will applaud me. At the same time, when this kingdom has been active over time, practicing, refining itself, receiving its protection and the option to work freely within itself, at a certain stage fruits begin to appear. Some of these fruits go out into the world. Then there are people who may enjoy them, receive inspiration from them, heal through them, be moved by them, rejoice, or even get angry. At that stage the dimension of communication with the environment and of giving to the environment is already present. But it is important to remember that this stage comes after a period in which the kingdom worked inward, under protected conditions, faithful to itself.

It is useful to notice the connections between the different books in the Psycho Creative Library. They are connected to each other, they feed each other and complete each other. There is a large number of tools, concepts and supporting materials that are meant to mix within us. One of the important connections is between intuition and creativity.

One of the central roles of the kingdom of creativity and of our creative energy is to bring into the light the intuitive impulse and the intuitive message. The intuitive message and the intuitive impulse are, at first, mental phenomena. They are a kind of message, an inner feeling, a quiet knowing or an urge. They are a kind of direction sign, an arrow pointing us in a certain direction, but at that stage they are still only potential. This is where the primary role of intuition ends.

Intuition is a good advisor. It is an access channel to emotional spiritual information of high value. It reveals to us insights, hints and possible directions. But even the best information, if it remains only information, may become practically without value. If the intuitive impulse does not receive continuity in the form of expression in the physical world, it remains stuck inside.

This continuity, in the physical world, usually takes place through creative action. Through initiative. Through change. Often also through a certain rebellion against what exists. Intuition, as has been said in other books, is ahead of its time. It shows us one or two steps forward. Therefore, the realization of a genuine intuitive message is always a form of change. Change is a surprise. It may be perceived as something blunt, subversive, rebellious, something that goes against the system, against the general current, against the norm.

On the other hand, every person, every group and every framework are in danger when there are no forces in them that are willing to shake them, to question the correctness and validity of what exists, or to launch a rebellion against the prevailing narrative. A place that does not contain the possibility for new branches, for change, for surprises, for new questions and renewed wondering, is an unhealthy place. This is true in a family, in a couple relationship, in a workplace, in an organization, in a community and on a wider social level.

Intuition is the one that knows how to heal such a place. It is the one that sees one step ahead. It is the one that tells us where it is now good to turn in order to heal, to move forward, to change, to awaken, to expand. It marks for us the next step in our development.

It is natural that we resist it. It is natural that we prefer to remain with what is familiar, to invest less energy, to face less of the difficulties and pains of “being born again” once more. This is natural to a certain degree, but it is not healthy to another degree. From a certain point onward, this passive rest becomes unnatural. Nature loves to grow. Nature loves to move. Nature loves to flow. Nature loves to die and to be born again. When we deny this part of nature, we become less healthy and we move into a danger zone.

From here comes the sentence, every intuition needs a courageous publisher, even when it speaks of a large vision. You have your intuition. You have your impulses. They are there. They speak to you all day, all the time. They push from within, bring ideas, create channels of curiosity. Sometimes we see someone else doing something and feel jealousy. We do not always understand that this person, through their action, is marking something that we ourselves wish to do.

Here creativity enters the picture again. Creativity is the publisher. It turns potential into realization. It is very important that in this place we allow ourselves to be hesitant, clumsy, incomplete, imprecise, not harmonious. Usually, this is how things begin. Sometimes we need to do something fifteen times until it works. Without those fifteen times it would not have worked at all.

In those fifteen times it will not “succeed.” It will be hesitant, stuck, not flowing. We will stop, get stuck, try again. We will do it again and again and again until it loosens. This is the role of creativity. It is not only a matter of “talent,” it is a matter of health of the system. The health of the psyche, the health of the couple relationship, the health of the organization, the health of the group.

True health includes the ability to change, to shed a form and take on a new form, to bring into the light the next creative impulse. Not to rest on our laurels. Because at a

certain point, that inner life energy that seeks to come out into the light, that intuitive voice that pushes, all of these create an inner noise. If they do not find a path outward, they begin to act inside.

When they act inside without receiving creative expression, they can create pain that is not necessary. They may turn into anxieties, obsessions, tensions, quarrels, rage, violence, skepticism and cynicism. All of these may be an indirect result of the fact that we did not allow ourselves to take the next step, the next game, the next creation, the next change, the next rebellion.

The kingdom of creativity is, in a deep sense, a kind of publishing house. It publishes in every form, in dance, in sculpture, in knitting, in cooking, in singing, in writing, in painting, in a new initiative in a business, in a change in the business, in setting up a new business, in closing an old business. Intuition provides us with excellent information. But this information is without value if it does not continue to flow forward into the stage of creation.

When things do not continue to flow forward, at some point the inner system stops supplying information. If there is no use of the insights, if they are closed and do not become action, there is no point in continuing to feed the person with more and more intuitions. Thus they become depleted.

In contrast, when a few steps of courage, play, creativity, trying and experimenting take place, the flow returns. More ideas arrive. Intuition is “happy” to stay in contact with us. It knows that it always has for us the next step. This is its role. Wherever we have stopped, it shows us the next step. The “what next.” What is the next change? What is the next creation? What is the next rebellion against what exists?

Intuition will gladly provide this to us in abundance, and we will be able to use it without unnecessary drama and without unnecessary effort, if our kingdom of creativity simply works more. It does not matter how the result looks. The result itself is not what matters here. The flow is what matters.

The flow is the highest result. It itself is health. It itself is revelation. It itself is self-realization. Along the way there will also be beautiful, impressive, moving products. We will receive feedback, perhaps also money, perhaps recognition. But even after all that, the movement will continue to the next rebellion, to the next clumsy thing, to the next attempt.

This is our role inside the kingdom of creativity, to keep flowing. To keep moving. To give every intuition the courageous publisher it is looking for.

Questions for self-reflection

(preferably answer in writing):

1. What will happen when you are thirty percent more courageous than you are today?
2. Are you willing to be the faithful publisher of your intuition, and if so, what is the next project in this regard?

3. What is the thing your intuition is asking you to dare to do and you have not yet moved toward it?
4. If you could now ask your intuition three questions, what would you ask?
5. Imagine that your intuition answers these three questions by guiding you toward creative actions. What do you think its answers would be?
6. Anything else you would like to share? Feelings, thoughts or questions about this step?